

National Single Parent Day

March 21, 2024

Ideas for the Day of Recognition

Celebrating Single Parent Day at school is a thoughtful and inclusive way to recognize the efforts and contributions of single parents. Here are some ideas to make the day special:

Parent Spotlight Wall

- Create a "Parent Spotlight" wall featuring photos and short bios of single parents in the school community. This not only honors them but also helps build a sense of connection among parents.

Appreciation Breakfast or Lunch

- Organize a special breakfast or lunch where single parents are invited to enjoy a meal together. This provides an opportunity for them to socialize and feel appreciated.

Handmade Thank You Cards

- Encourage students to create handmade thank-you cards expressing gratitude for their single parents. These can be displayed in a designated area or given directly to the parents.

Parent-Child Activities

- Plan interactive activities that single parents can participate in with their children. This could include art projects, games, or sports activities that promote bonding.

Guest Speaker or Panel

- Invite a guest speaker or organize a panel discussion with successful individuals who were raised by single parents. This can inspire both parents and students.

Pampering Station

- Set up a pampering station where single parents can enjoy some relaxation. This could include massage chairs, hand massages, or other small treats to help them unwind.

Parent Support Resources Booth

- Have a booth with information on local support resources for single parents. This can include information on community programs, counseling services, and parenting workshops.

Cultural Potluck

- Organize a potluck where parents can bring dishes representing their cultural backgrounds. This not only celebrates diversity but also provides an opportunity for families to share their traditions.

Career Day

- Arrange a career day where single parents can talk about their professions, providing inspiration and career guidance to students.

Storytelling Circle

- Create a storytelling circle where single parents and their children can share heartwarming or funny stories about their experiences. This promotes a sense of community and understanding.

Family Photo Booth

- Set up a photo booth with props where families can take fun and memorable pictures together.

Parent and Child Art Exhibition

- Encourage parents and their children to create art together and display the artwork in a special exhibition within the school.

Certificate Presentation

- Present single parents with a certificate of recognition

Guest Speaker

- Invite a guest speaker to your school to meet with your single parents and give honor to them.

Remember to ...

- Tailor these ideas to the preferences and dynamics of your school community, and consider collaborating with the single parents to ensure the activities resonate with them.
- Post your activity on social media with the hashtag [#NationalSingleParentDay](#) and please be sure to tag the Office of Family Engagement and APS at [@APS FAM_ALUM](#) and [@APSUPDATE](#).